

October 20, 2024



## Self Awareness

**RSV Matthew 18:1** At that time the disciples came to Jesus, saying, "Who is the greatest in the kingdom of heaven?" **2** And calling to him a child, he put him in the midst of them, **3** and said, "Truly, I say to you, unless you turn and become like children, you will never enter the kingdom of heaven. **4** Whoever humbles himself like this child, he is the greatest in the kingdom of heaven. **5** "Whoever receives one such child in my name receives me.

Every Wednesday I host a Chapel Time with the children of our Preschool. What impressed me was how unselfconscious the children are. If someone goofs up on trying to say something, they all just laugh it off. It seems to increase the fun. They just enjoy being human and part of our time together. They simply want to be who they are and drink in the moment. They know me as Pastor Jim.

It's funny how that may change for them as they age. At what age do we begin spending time wanting to be something other than what we genuinely are? When did we give up on discovering who we are and enjoying that? All the great saints have been deeply aware of who they are and their humanity, deeply aware that they're flesh and blood and it is only God's grace that permits them to transcend their limitations and inherit Kingdom life.

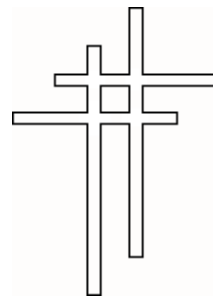
Some of us don't appreciate people who appear to be unreflective, just living life, watching the tide roll in. Perhaps these folks are able to hold on to a bit of their

childhoods, engaged in being fully human and not so self-conscious about everything. Poet Nikos Kazantzakis reflected that his earliest memories were of earth, sea, his mother, and star-studded skies; all his life he experienced these four elements 'with exactly the same ardor' as in his childhood. Imagine the gift of being human and feeling such things for a lifetime. Right you are Nikos: we are all mortal and imperfect. But what a joy-filled imperfection it is. And how unspeakably beautiful it is to be human, to learn and grow and fall in love. How beautiful to occasionally miss a line in the song or be out of step with the beat of life and the cosmic dance.

*L'chaim,  
Jim Sprouse*

## Please Celebrate Sunday's Message

Huguenot United Methodist Church is inviting you to our Sunday Morning Worship Service. This in-person service begins at 11 a.m. Please join us and take part in our worship and praise of our Lord and Savior, Jesus Christ!



Pastor Jim Sprouse will provide us with the message

**"Lessons from Hebrews"**

*We hope you will join us!*

**Audio recordings of our HUMC Sunday Morning Worship Services** are available at [HuguenotUMC.org](http://HuguenotUMC.org) under the Worship tab. We hope you will find these recordings beneficial and will share them with your family, friends and neighbors.



## HUMC Nursery

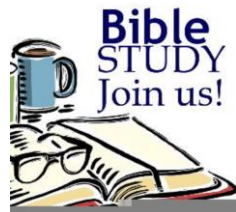


Our nursery caregiver, Rosalie Koch, is at church every Sunday and ready to welcome children in the nursery during worship from 10:45 a.m. until 12:15 p.m.

Thank you to volunteer Wenda Singer for assisting Rosalie this Sunday.

## Adult Bible Study / Sunday School

Our Adult Bible Study/Sunday School class begins at 10 a.m. Our class meets in the Fellowship Hall.



The title of our lesson for Sunday, Oct. 20, is "Identity: Relationships." The focal passage is Genesis 25: 27-34. The background text is Genesis 25: 19-34; 27: 1-46. The purpose statement is "to recognize the importance of relationships with others."

We look forward to your participation in our class. If you have any questions, comments, or feedback regarding our HUMC Adult Bible Study please do not hesitate to contact me.

Gerry Flinchbaugh  
804.314.4817 [gflincb@gmail.com](mailto:gflincb@gmail.com)



**Reminder! Join us THIS Sunday for an Extra Special Coffee Fellowship following the Worship service!**

## Women's Bible Study

All women are welcome to join the Women's Bible Study. We meet in the Fellowship Hall of the church at **10 a.m. on Thursdays.**

We are using the Adult Bible Study from Cokesbury and the emphasis in this particular series is Finding Balance. This series offers Bible references and a study of the suggested references. The emphasis of the study will be Finding Balance through work, spiritual practices, rest, and celebration. These Adult Bible Studies offer a lot of truth, Bible study, and direction on better ways of living. Study booklets will be provided and a DVD will be used to enhance discussion with each lesson. If this is of interest to you, please join us.



-Sarah Coffey



Stewardship Sunday

## STEWARDSHIP SUNDAY October 27, 2024

We all know Stewardship is a year- round commitment, and this is the time of the year that we pledge our financial support for our church, our ministries and our outreach for next year. You will soon mail a letter and pledge card to members of the congregation, and we will turn them in during worship on Sunday, October 27, 2024.

This is the one month out of the year that we talk about Stewardship. We all are aware that Stewardship as we know it involves *time, talent, and treasure*. This is strongly evidenced by our congregation's involvement throughout the year in all facets of being good stewards. To all of you we say *thank you*. This coming month, however, will focus on *treasure*. It is vital to keeping our church running for the year, and goes beyond church budgets. Stewardship is woven into the fabric of our church, through our services to the community, our missions, our on-going projects, and ministrations to the congregation. I would like to remind you of the article from the chair of the finance committee. We have been operating at a budget deficit for the last couple of years. I reiterate this only so that you will prayerfully think about it before filling out your pledge cards.

Should you know that you are not going to be at worship on October 27, please send or drop your pledge cards at the church office as close to that date as possible. As always, your support and timely submission is greatly appreciated.

-Wayne Taney

## Communion Committee

The Communion Committee has worked hard this year in preparing communion for Huguenot United Methodist Church. We all appreciate their hard work and are thankful for their service to our church family.



There are a few changes in the communion routine that the volunteers need to know. There will be a meeting right after church in the sanctuary on **October 27**. These changes will be discussed at that time. Your presence at the meeting will be greatly appreciated.

-Sarah Coffey



## **New Local Mission Opportunity**

Housing - Healing - Hope: Liberation Veteran Services has been supporting homeless veterans with dignity and respect in the greater Richmond area. With a current program capacity of 38, they serve veterans ages 25 to 77, with 86% success rate of transition to permanent housing!

It is very exciting that they recently received a grant for a supportive housing facility, Veteran Village, which will consist of micro apartments.

Although they always need clothing and bedding, their greatest need right now is for the following: toilet paper, paper towels, bleach, Pine-Sol, antibacterial wipes, laundry and dish detergent, and 55-gallon trash bags. We will be collecting these items through **Sunday, November 10**, and will deliver them on or near Veterans Day.

Please leave your donations in the container opposite fellowship hall. Thank you so much in advance for your generosity.

## **Joy of Crafts**

In the past few months, Joy of Crafts has made and donated more than 100 comfort items to local nursing homes, hospitals, dialysis center and homeless shelters. The donations go to From the Heart, a local clearinghouse for many needs in the community.

The items we've been making include activity mats and marble mazes for Alzheimer's patients, fleece mittens for dialysis patients, wheelchair totes, chemo port shirts, drain bags and neck pillows. In addition, a shipment of 30 handmade t-shirt dresses will go out this month to Dress a Girl Around the World. Special thanks to Judy Anderson, who sews so many of these treasures.

Check out the display in the hallway to see what the donated items look like. ALSO, there are many projects that knitters and crocheters can submit to From the Heart, including a recent call for white handmade blankets for newborns. For more information, contact Molly Sprouse at [mollysprouse@gmail.com](mailto:mollysprouse@gmail.com).

**Mark your calendars for Sun., Nov. 24, when Joy of Crafts' annual Gifts Bazaar starts at Huguenot!**



## **HUMC Libraries**

Did you know we have THREE libraries at HUMC? The "Main Library" is on the left in the preschool wing. Both adult and children's books are arranged according to the Dewey Decimal system and includes numerous Bible and faith resources, and both fiction and nonfiction suitable to both children and adults. The check-out box is located on the cabinet on the non-window side/long side of the room.

The "Branch Library" is a nook in the wall directly across the aisle from the sanctuary entrance. It holds a rotating collection of adult/children titles from the Main Library and Mobile Library (see below). To borrow, legibly complete the name and date on the library card, and place the library card in the check-out box on the bottom shelf of the "nook."

The "Mobile Library," also called the "United Women in Faith (UWF) Library," resides in a supply room adjacent to the Fellowship Hall and is brought out for UWF meetings and other events, such as Wednesday Night dinners. The check-out box is located on the cart. Some books available in the "Branch Library" are those that have been moved from the "Mobile Library" and are part of the permanent "Main Library."

Peruse, **and borrow**, books from any of the three. **To borrow a book, legibly complete the name and date on the library card found at the back of the book and place it in the check-out box.** Beginning in October blurbs about some books in the Branch Library occasionally will appear in the *Pulse*. (See below!)

-Carol Ames and Wenda Singer



## **Library Blurbs**

### **The Fall of Freddie the Leaf**

A story of Life for All Ages by Leo Busaglia

As suggested by the title, this book is equally appropriate for both adults and children. Accompanied by photographs, the well-known author traces the journey of Freddie the leaf and his companion leaves through the passing seasons.

### **Blessings Abound**

by Tom Walton; illustrated by Penny Muire

A Virginia author, Tom Walton taught agriculture at Powhatan High School until his retirement. This is a book of 100 original poems.



## The Next Wednesday Fellowship Pot Luck is on Wednesday, November 13

We will resume our Wednesday Fellowship on the second Wednesday of the month through the end of the year. As a reminder, this is Pot Luck and begins at 6 p.m. **All are welcome!** I intend to send an email reminder the morning of Fellowship.



– Shirley Bradshaw 804-240-1240

**Also Save this Date!**  
December 11



Pastor Jim will be forming a **Confirmation Class** to begin in early January. Any youth 12 years and older, please let him know of your interest!

## Preschool Pizza Fundraiser

Our preschool has an ongoing fundraiser with Marco's Pizza. Just use the code: **HUMCPSAF** when ordering over the phone or online and the school receives a portion from each sale all year long. Participating locations include the Marco's Pizza on Sheila Lane and on Midlothian Turnpike.



**Ushers Needed**  
*Are you willing to serve?*

Please contact Pastor Jim if you are interested in joining the Usher Team.

## Please Check it Out!

Please check the bulletin board for **Mission Connection Updates**. Updates are made frequently. The latest updates include Hams' Happenings and Henderson Settlement. Check it out, please!



**Frank Grinnell**  
**Cameran Henderson**  
**Chad Jarvis**  
**Dan Jarvis**  
**Ellie Jarvis**  
**Kenzie and Kylie Mateer & Family**  
**Linda Pomfrey**  
**Jon Smith**  
**Wayne Taney**  
**Judith Westerhouse**

In an effort to keep the prayer requests current, names posted will be removed after 30 days unless requested otherwise.

**THE UPPER ROOM**  
DAILY DEVOTIONAL GUIDE

## Where the World Meets to Pray

Copies of the **November-December** edition of The Upper Room are now available on the greeting table at the front entrance. Please consider making a donation in the labeled box.



## Happy Birthday

Andrew Wright (Oct. 20)  
Halle Beasley (Oct. 24)  
Ann Bartee (Oct. 26)

## Happy Anniversary

Gerry and Nancy Flinchbaugh (Oct. 23)

If we missed your birthday or anniversary, please call, leave a note or send an email to Elaine so she can include you!



**Sunday, Oct. 20 – 29<sup>th</sup> Sunday of Ordinary Time**

10 a.m...Adult Bible Study (FH)  
11 a.m...Worship  
12 p.m...Special Coffee Fellowship *All invited!*

**Monday, Oct. 21**

7 p.m...Charge Conference at St. Mark's UMC

**Tuesday, Oct. 22**

7 p.m...Hand Bell Rehearsal (S)

**Wednesday, Oct. 23**

10 a.m...Preschool Chapel Time with Pastor Jim  
7 p.m...Choir Rehearsal (CR)

**Thursday, Oct. 24**

10 a.m...Women's Bible Study (L)

**Friday, Oct. 25**

9 a.m...Library Work Session (L)

**Sunday, Oct. 27 – 30<sup>th</sup> Sunday of Ordinary Time  
and Stewardship Sunday**

10 a.m...Adult Bible Study (FH)  
11 a.m...Worship  
12 p.m...Communion Committee meeting after  
worship (S)

<p><b>CR</b> – Choir Room   <b>FH</b> – Fellowship Hall <b>K</b> – Kitchen   <b>L</b> – Library   <b>PR</b> – Puppet Room</p>
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**Newsletter News**

If you have an article for the next *pulse* newsletter, please email it to Elaine *by Wednesday at 10 a.m.*

Please know that submitted articles may be edited to provide clarity and increased inclusion. This newsletter and the Sunday Bulletin are posted on the church website by Friday evening.

**Church Office Hours:**

Pastor Jim is in the office on Wednesday and Thursday mornings. Elaine is in the office every Friday from 8:30 a.m. to 12:30 p.m. These hours are subject to change on occasion.

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