

October 6, 2024



## Saint Camillus of Lellis (1550-1614)

Camillus was the founder of the Ministers of the Sick. He was born at Bocchianico in the Abruzzi, and as an adult he joined the Venetian army to fight against the Turks. Camillus was very tall for his day, 6 feet 6 inches, he is reputed to have had a hot temper and was addicted to gambling. Fighting against the Turks he contracted an incurable disease of the legs. In 1574 he lost everything he owned in gambling debts; within the year he experienced a religious conversion to Christianity. Camillus enlisted as a Franciscan, but his health suffered from living such an austere lifestyle and so he never professed the order. Instead he joined the staff of the hospital of San Giacomo, Rome where he eventually became the bursar.

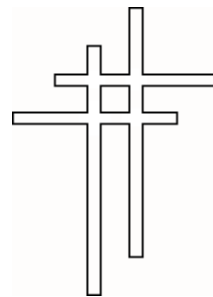
In association with his spiritual advisor, Philip Neri, Camillus, now a priest, founded in 1585 a congregation of male nurses, who pledged themselves to serve those stricken with the plague, the sick in the hospitals, and those in prisons. In 1595 and 1601 some of Camillus nurses served as medics on the battlefields in Hungary and Croatia...they were the first recorded examples of a military ambulance unit. In Rome and in Naples they founded hospitals and also served as medics to the galley slaves on ships; in both places many lost their lives through contracting the plague from their patients.

Camillus was a pioneer in insisting on lots of fresh air, clean linens, suitable diet, and the isolation of infected patients, and he lived to see his institute found 15 houses and 8 hospitals. Although Camillus suffered with a variety of serious illnesses himself, he continued to tend his sick patients personally right up to the end of his life. He died in Genoa in 1614 and was canonized in 1746. He is the patron saint of the nurses and the sick. His feast day is July 14.

*Shalom,  
Jim Sprouse*

## Please Celebrate Sunday's Message

Huguenot United Methodist Church is inviting you to our Sunday Morning Worship Service. This in-person service begins at 11 a.m. Please join us and take part in our worship and praise of our Lord and Savior, Jesus Christ!



Pastor Jim Sprouse will provide us with the message

**“The Pharisees Test Jesus”**

*We hope you will join us!*

Audio recordings of our HUMC Sunday Morning Worship Services are available at [HuguenotUMC.org](http://HuguenotUMC.org) under the Worship tab. We hope you will find these recordings beneficial and will share them with your family, friends and neighbors.

**TUNE IN**

## HUMC Nursery

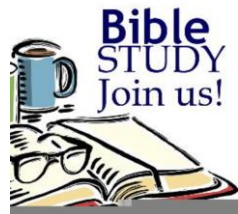


Our nursery caregiver, Rosalie Koch, is at church every Sunday and ready to welcome children in the nursery during worship from 10:45 a.m. until 12:15 p.m.

Thank you to volunteer Shirley Bradshaw for assisting Rosalie this Sunday.

## Adult Bible Study / Sunday School

Our Adult Bible Study/Sunday School class begins at 10 a.m. Our class meets in the Fellowship Hall.



The title of our lesson for Sunday, Oct. 6, is "The Family Tree." The focal passage is Mathew 1: 1-17. The background text is Hebrews 11. The purpose statement is "to learn who and what shapes our identity."

We look forward to your participation in our class. If you have any questions, comments, or feedback regarding our HUMC Adult Bible Study please do not hesitate to contact me.

Gerry Flinchbaugh  
804.314.4817 [gflinchnb@gmail.com](mailto:gflinchnb@gmail.com)

**Coffee Fellowship: THIS Sunday, October 6**



Please join us in the Fellowship Hall after our 11 o'clock worship service, on **Sunday, October 6**, for coffee, some light snacks and great conversations. We invite our visitors to join us for coffee fellowship, so we can answer their questions about HUMC and we can get to know them better. Thank you to Sheila Blankenship for hosting us! *See you there!*

## United Women in Faith

Fall is here and the next United Women in Faith meeting is next week on **Tues., October 8, at 10:30 a.m.** in the Fellowship Hall. Our program will be on LIVING

WATER based on the scripture John 4: 14-15. Please join us as we refresh ourselves with these Words!



United Women in Faith

-Cissy Hope

## Wednesday Fellowship Pot Luck THIS Wednesday, Oct. 9

We will resume our Wednesday Fellowship on the second Wednesday of the month through the end of the year. As a reminder, this is Pot Luck and begins at 6 p.m. **All are welcome!** I intend to send an email reminder the morning of Fellowship. – *Shirley Bradshaw*

804-240-1240

**Remember Show and Tell from school days? It sounds lame but trust me - it can be interesting and we can learn new things about each other. Be thinking about what you will bring to share with the group. It can be anything from a family photo / heirloom / treasure from a travel.**

**Please play along!**

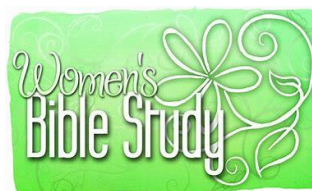


### Upcoming dates:

- November 13
- December 11

## Women's Bible Study

All women are welcome to join the Women's Bible Study. We meet in the Fellowship Hall of the church at **10 a.m. on Thursdays.** We are using the Adult Bible Study from Cokesbury and the emphasis in this particular series is Finding Balance. This series offers Bible references and a study of the suggested references. The emphasis of the study will be Finding Balance through work, spiritual practices, rest, and celebration. These Adult Bible Studies offer a lot of truth, Bible study, and direction on better ways of living. Study booklets will be



provided and a DVD will be used to enhance discussion with each lesson. If this is of interest to you, please join us.

-Sarah Coffey

## Pet Blessing

Mark your calendar! We will have a Pet Blessing on **Sunday, October 13, at 2 p.m.**



## STEWARDSHIP SUNDAY

October 27, 2024

We all know Stewardship is a year- round commitment, and this is the time of the year that we pledge our financial support for our church, our ministries and our outreach for next year. On or about October 18, 2024 we will mail a letter and pledge card to members of the congregation, and we will turn them in during worship on Sunday, October 27, 2024.



Stewardship Sunday

This is the one month out of the year that we talk about Stewardship. We all are aware that Stewardship as we know it involves *time, talent, and treasure*. This is strongly evidenced by our congregation's involvement throughout the year in all facets of being good stewards. To all of you we say *thank you*. This coming month, however, will focus on *treasure*. It is vital to keeping our church running for the year, and goes beyond church budgets. Stewardship is woven into the fabric of our church, through our services to the community, our missions, our on-going projects, and ministrations to the congregation. I would like to remind you of the article from the chair of the finance committee. We have been operating at a budget deficit for the last couple of years. I reiterate this only so that you will prayerfully think about it before filling out your pledge cards.

Should you know that you are not going to be at worship on October 27, please send or drop your pledge cards at the church office as close to that date as possible. As always, your support and timely submission is greatly appreciated.

-Wayne Taney

## 2025 Offering Envelopes

If you need to add or remove your name from our list of 2025 donors with offering envelopes, then please let our Treasurer know as soon as possible. You can make your request on an attendance card at the end of the pew and put it in the offering plate, or send an email to [huguenotumc.treasurer@gmail.com](mailto:huguenotumc.treasurer@gmail.com). If you have 2024 envelopes and want a new set for 2025 then you do not need to do anything as this year's list will be updated to incorporate requested additions and deletions before the order is placed. The church needs to order our 2025 offering envelopes by mid-October so they can be printed and received before the end of the year.

Offering Envelopes



Although this precedes Stewardship Sunday, most of our members are regular contributors and know whether they want offering envelopes for 2025.

## HUMC Libraries

Did you know we have THREE libraries at HUMC? The "Main Library" is on the left in the preschool wing. Both adult and children's books are arranged according to the Dewey Decimal system and includes numerous Bible and faith resources, and both fiction and nonfiction suitable to both children and adults. The check-out box is located on the cabinet on the non-window side/long side of the room.

The "Branch Library" is a nook in the wall directly across the aisle from the sanctuary entrance. It holds a rotating collection of adult/children titles from the Main Library and Mobile Library (see below). To borrow, legibly complete the name and date on the library card, and place the library card in the check-out box on the bottom shelf of the "nook."

The "Mobile Library," also called the "United Women in Faith (UWF) Library," resides in a supply room adjacent to the Fellowship Hall and is brought out for UWF meetings and other events, such as Wednesday Night dinners. The check-out box is located on the cart. Some books available in the "Branch Library" are those that have been moved from the "Mobile Library" and are part of the permanent "Main Library."

Peruse, **and borrow**, books from any of the three. **To borrow a book, legibly complete the name and date on the library card found at the back of the book and place it in the check-out box.** Beginning in October blurbs about some books in the Branch Library occasionally will appear in the *Pulse*. (See below!)

-Carol Ames and Wenda Singer



## Library Blurbs

### The Fall of Freddie the Leaf

A story of Life for All Ages by Leo Busaglia  
As suggested by the title, this book is equally appropriate for both adults and children. Accompanied by photographs, the well-known author traces the journey of Freddie the leaf and his companion leaves through the passing seasons.

### Blessings Abound

by Tom Walton; illustrated by Penny Muire  
A Virginia author, Tom Walton taught agriculture at Powhatan High School until his retirement. This is a book of 100 original poems.

## Joy of Crafts

In the past few months, Joy of Crafts has made and donated more than 100 comfort items to local nursing homes, hospitals, dialysis center and homeless shelters. The donations go to From the Heart, a local clearinghouse for many needs in the community.

The items we've been making include activity mats and marble mazes for Alzheimer's patients, fleece mittens for dialysis patients, wheelchair totes, chemo port shirts, drain bags and neck pillows. In addition, a shipment of 30 handmade t-shirt dresses will go out this month to Dress a Girl Around the World. Special thanks to Judy Anderson, who sews so many of these treasures.

Check out the display in the hallway to see what the donated items look like. ALSO, there are many projects that knitters and crocheters can submit to From the Heart, including a recent call for white handmade blankets for newborns. For more information, contact Molly Sprouse at [mollysprouse@gmail.com](mailto:mollysprouse@gmail.com).



## Volunteers to Help with Communion

The communion committee needs volunteers to help set up communion one or two Sundays a year. Emily Shinaberry and I will show you every step of the process needed to prepare communion. You will be instructed on filling the cups with grape juice, how to prepare the communion wafers, where supplies are located, how to check the candles on the altar for lighting the next Sunday, hanging of paraments if it is time for a change and other details that you might need to know. Emily will work with you the first time you prepare for communion so that you will have a complete understanding of the things you will need to do.

Communion is the most important sacrament in the Methodist church. It is a privilege to prepare the communion table for the church family.

The night Jesus was arrested, He shared the Passover Supper with His disciples. It was at this time that he explained to them the importance of remembering the bread as a symbol of His body given as a sacrifice for their sins. The disciples were told that the wine would represent the blood of Jesus that was shed for them and us for the forgiveness of our sins. Please join the other men and women who prepare this important and beautiful Lord's Supper for us. You will be blessed.

-Sarah Coffey



## Preschool Pizza Fundraiser

Our preschool has an ongoing fundraiser with Marco's Pizza. Just use the code: **HUMCPSAF** when ordering over the phone or online and the school receives a portion from each sale all year long. Participating locations include the Marco's Pizza on Sheila Lane and on Midlothian Turnpike.

**Ushers Needed**  
*Are you willing to serve?*

Please contact Pastor Jim if you are interested in joining the Usher Team.



**Frank Grinnell**  
**Cameran Henderson**  
**Chad Jarvis**  
**Dan Jarvis**  
**Ellie Jarvis**  
**Kenzie and Kylie Mateer & Family**  
**Linda Pomfrey**  
**Jon Smith**  
**Wayne Taney**  
**Judith Westerhouse**

In an effort to keep the prayer requests current, names posted will be removed after 30 days unless requested otherwise.

**THE UPPER ROOM**  
DAILY DEVOTIONAL GUIDE

## Where the World Meets to Pray

Copies of the **September-October** edition of The Upper Room are now available on the greeting table at the front entrance. Please consider making a donation in the labeled box.



### Happy Birthday

Bella Ross (Oct. 8)  
Fred Schneider (Oct. 12)

### Happy Anniversary

John and Susan Case (Oct. 10)  
Derek and Meghan Podolny (Oct. 10)  
Dan and Connie Salmeri (Oct. 10)  
Jim and Kath Southward (Oct. 12)

If we missed your birthday or anniversary, please call, leave a note or send an email to Elaine so she can include you!



- Mon., Oct. 21 – Charge Conference at St. Mark’s UMC at 7 p.m.
- Sun., Oct. 27 – Stewardship Sunday



### Sunday, Oct. 6 – 27<sup>th</sup> Sunday of Ordinary Time and Communion

10 a.m...Adult Bible Study (FH)  
11 a.m...Worship  
12 p.m...Coffee Fellowship

### Tuesday, Oct. 8

10:30 a.m...United Women in Faith Meeting (FH)

### Wednesday, Oct. 9

10 a.m...Preschool Chapel Time with Pastor Jim  
6 p.m...Fellowship Pot Luck Dinner  
7 p.m...Choir Rehearsal (CR)

### Thursday, Oct. 10

10 a.m...Women’s Bible Study (FH)

### Friday, Oct. 11

9 a.m...Library Work Session (L)

### Sunday, Oct. 13 – 28<sup>th</sup> Sunday of Ordinary Time

10 a.m...Adult Bible Study (FH)  
11 a.m...Worship  
2 p.m...Pet Blessing

CR – Choir Room    FH – Fellowship Hall  
K – Kitchen    L – Library    PR – Puppet Room

### Newsletter News

If you have an article for the next *pulse* newsletter, please email it to Elaine *by Wednesday at 10 a.m.*

Please know that submitted articles may be edited to provide clarity and increased inclusion. This newsletter and the Sunday Bulletin are posted on the church website by Friday evening.

### Church Office Hours:

Pastor Jim is in the office on Wednesday and Thursday mornings. Elaine is in the office every Friday from 8:30 a.m. to 12:30 p.m. These hours are subject to change on occasion.

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